

# LADDERS & STEPLADDERS

Duration: 0.5 Days

Price (for up to 8 people): From £795 + VAT

Location: Element Safety (Sheffield) or on your site

Theory: 50% Practical: 50%

Valid for: 3 Years

Assessment: Continuous

If the task simply cannot be done from the ground and may need short term, short duration work at height - it must still be planned and conducted safely.

Designed for anyone, with no previous experience, who requires the skills to access, secure themselves and safely work at height via a ladder, stepladder or low level platform - then this is for you.

**Course Aims** -To train and assess individuals to manage and maintain their own and their co-workers safety while working at height, and to be able to act effectively in an emergency.

## THE COURSE COVERS:

- Regulations, hazards, risks and hierarchy of control
- An understanding of planning your work at height
- Risk assessments and safe systems of work at height
- Anchor requirements
- Inspection, care and maintenance of PPE, ladders and stepladders

## THE COURSE WILL ENABLE DELEGATES TO:

- Assess and suitably restrain a ladder
- Be able set up, pitch, climb, work from and lower a ladder
- Assess the hazards, risk assess and if appropriate, use the right ladder, stepladder or platform for the task
- Know the correct terms, standards, and be able to inspect equipment to work temporarily at height

Ladder & Stepladder Training available as a bolt-on 0.25 days, £397 + VAT  
Can be bolted-on to a confined space or work at height course

## SO WHAT DOES THIS MEAN...

This half day course will teach your team the relevant height legislation in an easily understandable way.

Choose the correct, *reasonably practicable* way and equipment for carrying out the task at height

Assess, pitch, lower, climb, secure and work from the most appropriate ladder, stepladder or platform to do the job.

Essentially to learn *practically* - to be use the right equipment and work safer at height.



**ELEMENT**

SAFETY ♦ TRAINING ♦ RESCUE