

# MEDIUM RISK CONFINED SPACE ENTRY & SUPERVISION

Duration: 1 Day

Price: £275 + VAT per person

Location: Element Safety - Sheffield

Theory: 50% Practical: 50%

Valid for: 3 Years

Assessment: Continuous

Medium risk confined space may be space such as:

- horizontal entry into
  - a large space with complex access problems
  - a small space – working a significant distance from the entry point
- vertical entry down a deep shaft or requiring work to be done out of sight of the top person – a rescue plan must be in place

It could have:

- significant entry/exit issues
- an expectation of a specified risk
- limited ventilation

Tasks will be further from the entry point, potentially be more complex, and will require emergency escape breathing apparatus to get out in a hurry!

**Course Aims** - To train and assess individuals to safely supervise, enter, work in and exit spaces, which, due to their enclosed nature, access/egress and potential hazard(s), have been classified as level 2 (medium risk) confined spaces.

## THE COURSE COVERS:

- Definitions, risks, and hazards, risk assessments, safe systems of work, and permits to work
- Procedures for Entry, Environmental Monitoring and Ventilation
- PPE and additional level 2 associated equipment, Emergency Escape Breathing Apparatus
- Emergency procedures, practical confined space entry and self-rescue scenarios

## THE COURSE WILL ENABLE DELEGATES TO:

- Identify specified risks and hazards to classify confined spaces
- Understand confined space risk assessments, safe systems (method statements) and permits
- Have a sound understanding of environmental monitoring (the use of gas detectors) and ventilation
- Be confident in the use of gas monitoring and detection equipment
- Understand work restraint and fall arrest, including the use of a harness and lanyard
- Understand the use of tripods, davits and winches for access and egress
- Follow procedures to safely enter, work in and exit level 2 confined spaces
- Use PPE and level 2 associated equipment correctly and safely
- Be confident in the use of respiratory protection and escape breathing apparatus
- Be able to undertake the role of a medium risk confined space supervisor (top person)
- Understand procedures for and be confident dealing with emergencies

## SO WHAT DOES THIS MEAN...

- This 1 day course will teach your team the legislation in an easily understandable way, what you are able to do in a medium risk and how to set up and supervise the medium risk space.
- How to deal with emergencies and escape wearing emergency escape breathing apparatus
- Learn practically in our training rig :- how to gas monitor, set up the space, enter, supervise using tripods, davits and ventilation equipment.



**ELEMENT**

SAFETY ♦ TRAINING ♦ RESCUE