

# RESCUE FROM HEIGHT

Duration: 1 Day

Price: £260 + VAT [£300 + VAT Custom-made] per person

Location: Element Safety - Sheffield

Theory: 30% Practical: 70%

Valid for: 2 Years

Assessment: Continuous

This rescue course builds on your skills, allowing your team to be an integral part of your rescue plan, supporting your height teams or a suspended co-worker – should an incident occur. If your height teams need immediate help, then training and equipping an in-house rescue team or your work at height teams to rescue may be the answer.

## RESCUE TEAM COMPETENCE

Rescue (if good planning and training are in place) happens very infrequently.

However, the seriousness and potential skill fade from low incident frequency and as such requires rescue skills have to be revalidated every 2 years in order to maintain competence.

**Course Aims** - To train and assess individuals to safely gain access to, provide immediate care for and/or rapidly recover a co-worker, including one who has fallen into suspension, after an incident at height.

## THE COURSE COVERS:

- Legislation, planning and preparing for rescues
- Risk assessments and safe systems of work for rescue at height
- The role and responsibilities of the rescue team
- Procedures for rapid access and treatment of the casualty
- Casualty capture and additional PPE needed in a rescue situation
- Casualty care and handover

## THE COURSE WILL ENABLE DELEGATES TO:

- Be part of an on-site rescue solution – allowing greater flexibility for height work
- Rescue casualties from platforms and in suspension by capture, raise and lower to safety.
- Use various rescue equipment types and pre-made kits/packs
- Control the rescue team
- Administer basic trauma care

*Strongly suggest undertaking additional medical training*

MORE SPECIALIST CUSTOM-MADE RESCUE SOLUTIONS CAN BE DEVELOPED TO SUIT YOUR NEEDS INCLUDING HORIZONTAL RESCUE, OVERHEAD CRANES AND SILOS

## SO WHAT DOES THIS MEAN...

Life happens!

However we can, and must, prepare for reasonably foreseeable problems. Equipment defects, injured or incapacitated personnel, environmental issues can all happen.

This means you need a rescue plan, training and equipment to save a life.

This course will give knowledge, skills and structure to a rescue.



**ELEMENT**

SAFETY ♦ TRAINING ♦ RESCUE