



Basics
Supervision

EMERGENCY SERVICES PEOPLE.
TEACHING YOU TO SAVE LIVES

Start easy



ELEMENT

SAFETY • TRAINING • RESCUE

Basics

Supervision



ELEMENT

SAFETY ♦ TRAINING ♦ RESCUE

Who

How

When

What

Where

What

Why

What

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SAFETY ♦ TRAINING ♦ RESCUE

Who

- **Who is in the space (the danger area)?**
(Names)

When

- **When did they go there?**
- **When do you expect them back?**
(check the time now)

Where

- **Where (specifically) are the team going to in the space?**
(Have a sketch / map that a stranger could follow)

Why

- **Why are they in the space?**
(what task are they doing, what equipment have they got / using)

How

- **How did they get into the space?**
(Where is the entrance / exit? Are there multiple exits?)

What

- **What has happened so far?**
(Have they got there? Any information passed back?)

What

- **What is happening now?**
(Up to date information)

What

- **What are you going to do if things don't go to plan?**
(Know your rescue plan)

Emergency Services People. Teaching you to save lives



CONFINED SPACE
TRAINING



HEIGHT TRAINING



SUPPORT, RESOURCES
EQUIPMENT



**Richard
Oliver**



**Mark
Dickens**

Element's training facilities simulate real life situations. Yes, the theory is important, but practical experience is a game changer!

The directors and training team at Element are or have been emergency services personnel with unrivalled rescue experience. They have undergone extensive training over and above the norm for their careers, and continue to do so, to ensure they are THE experts in their field.