



# Element Safety Ltd

**ELEMENT**

## CONFINED SPACE SKILLS RECORD (CSA, CS1 & CS2)

NAME	COURSE	DATE

Course	THEORY	Initials
A 1 2	Confined Space Regulations 1997 – confined space definition	
A 1 2	Five specified risks & their potential hazards	
A 1 2	Leptospirosis (rats) – precautions and risk reduction	
A 1 2	Regulation Four – hierarchy of risk (elimination)	
A 1 2	Classification of confined spaces	
A 1 2	Risk Assessments	
A 1 2	Safe Systems of Work	
A 1 2	Permits to Work	
A 1 2	Procedures for entry	
A 1 2	Entry control & pre-entry checks (Entry Control Board)	
A 1 2	Workplace Exposure Limits – LTEL, STEL & LEL's	
A 1 2	Composition of air in a confined space	
A 1 2	Dangerous Gasses & their hazards	
A 1 2	Ventilation – natural, mechanical, forced & exhaust	
A 1 2	Atmospheric Monitoring Equipment	
A 1 2	Peak Hold for pre-entry atmosphere check down shaft	
A 1 2	PPE for safe entry, PPE Checks & the PPE Regulations 1992	
A 1 2	Other equipment – lighting, communication (intrinsic safety - ATEX)	
A 1 2	Orthostatic Intolerance (Suspension Syncope)	
A 1 2	General Check of textile equipment (harness & lanyard)	
A 1 2	Types of Emergency Escape Breathing Apparatus (EEBA)	
A 1 2	The duties & responsibilities of the CS supervisor	
A 1 2	Emergency procedures	
A 1 2	Rescue arrangements (self, colleague & rescue team)	
	<b>PRACTICAL</b>	
1 2	Safe use of a fall arrest harness & work restraint	
1 2	Safe use of tripod & fall arrest/retrieval block	
1 2	Correct use of atmospheric monitors, pre-entry check (peak hold)	
1 2	Correct actions in an emergency situation	
2	Correct use of ventilation equipment	
2	Correct pre-entry checks of Escape Breathing Apparatus	
2	Correct use of Entry Control Board	
2	Correct use of Escape Breathing Apparatus in an emergency	
2	Safe & effective colleague emergency recovery	
2	Correct use of rescue winch for colleague recovery	
A 1 2	<b>***FIT AND WELL AT END OF TRAINING***</b>	

NOTES:

Student Signature	Instructor Name	Instructor Signature