

LADDERS & STEPLADDERS SKILLS RECORD (LD1)

NAME	COURSE	DATE
	Ladders & Stepladders	

Course	THEORY	Initials
LD1	Legislation	
LD1	Definitions	
LD1	Pre-Planning	
LD1	Legal Responsibilities	
LD1	Measures to protect people – Hierarchy of Risk	
LD1	Use of Ladders and Step Ladders	
LD1	When is a ladder the most suitable equipment	
LD1	Who can use a ladder	
LD1	Ladder checks (pre use)	
LD1	Safety Standards - EN131 (new standard & improvements)	
LD1	Ladder ID	
LD1	Ladder Terminology	
LD1	Physical check points to note (ladder & step ladder)	
LD1	Visual Inspection Records	
LD1	Electricity	
LD1	Safe use of your ladder	
LD1	Ladder location and footing	
LD1	Securing the leaning ladder	
LD1	Ladders used for access (scaffolding)	
LD1	Securing to a ladder	
LD1	PPE	
	PRACTICAL	
LD1	Ladder visual inspections	
LD1	Safety zones and work area	
LD1	Safe use of step ladders	
LD1	Pitching and extending leaning ladders	
LD1	Securing the ladder at the bottom (footing)	
LD1	Securing the ladder at the top (tying off)	
LD1	Using the ladder for access	
LD1	Securing to the ladder – Working off a ladder	
	FIT AND WELL	
FW	Fit and Well at the end of the course	

Student Signature	Instructor Name	Instructor Signature